



Penitentiary for Good Kids

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Current situation:

- Students know that they aren't learning lots of skills that are required outside of school
- School curriculum needs improvement in every way possible
- More classes need to be dedicated to life skills
- Schools need to be more considerate of the emotional, mental, and physical health of the students



No fear, a new class has appear!

- Contain some basic life skills
- Mental, emotional, and physical health of students will be prioritized



Hopefully,
one day,
this class will be inside of every school in America.
Not only this but the class will be taken apart so each section will have its own class.
Then from there, even more classes will be added.
More life skills taught in schools,
And hopefully happier students.


How it can fit eagle rocks current schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
Journal	15 Min.	10 Min.	15 Min.	15 Min.	Freedom
Community Circle	At least 20 Min.	At least 15 Min.	At least 20 Min.	At least 20 Min.	Friday,
Horticulture	53 Min.				Students
Cooking		45 Min			Get
Sex Education			53 Min		To
The defences				53 Min	Choose

Journal

- Private activity
- Students get to vent
- Great to have time to think
- Therapeutic

TO WRITE
means more than putting
PRETTY WORDS
on a page;
THE ACT OF WRITING
is to share
A PART OF YOUR SOUL
with the *World.*

An illustration of a black inkwell and a quill pen. The quill is positioned horizontally, with its tip pointing towards the right, resting on a light-colored surface.

THERE IS NO
WRONG OR RIGHT
JUST WRITE

Community circle

- Class gets to come together as a community
- Important topics are talked about
- Feelings are shared
- Students get to understand that they are not alone and how to be there for one another



Agriculture

- Students are able to learn how to grow their own food
- Learn about GMOs
- Survival skill
- Students get to learn the importance of organic food and what goes into their bodies



Cooking



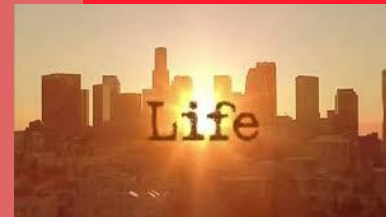
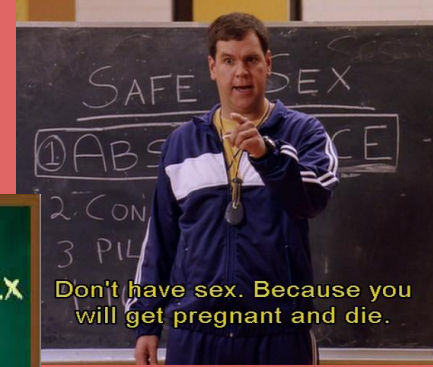
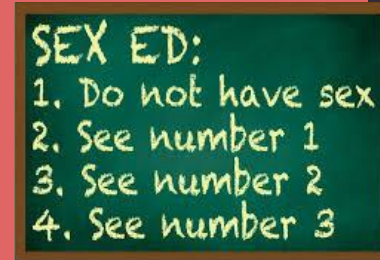
- Learn how to make nutritious meals
- Learn what the body needs to function
- Make the connection of what they have grown can be made into delicious food





Sex ed

- Learn about STDs and other diseases
- Consent
- Birth Control
- Protection
- Good and toxic relationships
- etc.



The Defences

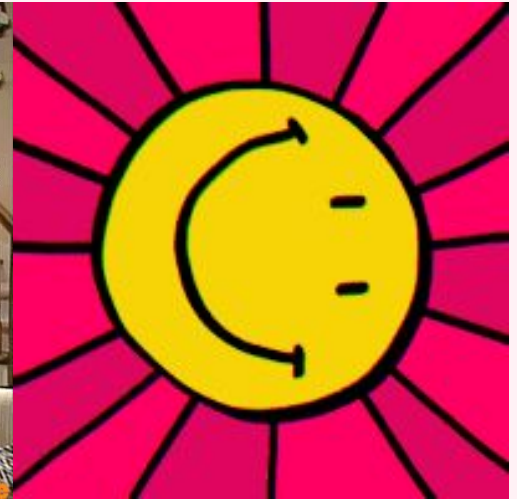
Law	Self
<ul style="list-style-type: none">• Learn laws	<ul style="list-style-type: none">• Learning when it is appropriate to use
<ul style="list-style-type: none">• What to do in encounters	<ul style="list-style-type: none">• Conditioning
<ul style="list-style-type: none">• What are your rights	<ul style="list-style-type: none">• Fighting techniques
<ul style="list-style-type: none">etc.	<ul style="list-style-type: none">• etc.




KA-BOOM!

No grade for class

Objective is to grow as a person not to get an A. This class is a safe space for students. A place to let loose.



A night sky with the Milky Way galaxy visible, arching across the frame. The foreground shows dark silhouettes of trees and a hillside. A black rectangular box with white scrollwork at the corners is centered over the image.

*The
Future
is in
our
hands*