## LOS ANGELES UNIFIED SCHOOL DISTRICT District Nursing Services

## STUDENT EMERGENCY CARE PLAN

School Year \_\_\_\_\_ \_\_\_\_\_ Grade/Track \_\_\_\_\_ DOB \_\_\_\_\_ School \_\_ Completed by \_\_\_\_\_ \_\_\_\_\_ Teacher (Homeroom) \_\_\_\_\_ School Nurse Emergency contact: Mother/GuardianWork PhoneHome PhoneCellFather/GuardianWork PhoneHome PhoneCellOtherWork PhoneHome PhoneCell Physician Phone DIAGNOSIS/CONDITION: ANAPHYLAXIS OR EXTREME ALLERGY TO \_\_\_\_\_ DO NOT WAIT FOR SYMPTOMS In the event of exposure to allergen Signs of emergency: hives, itching, swelling, difficulty breathing and/or cyanosis (bluish color) IN PRIORITY ORDER: A. Administer physician prescribed medication immediately \_\_\_\_\_ Student self administers then reports to trained personnel. Student self carries B. Call paramedics (911) C. Make student comfortable, calm, and guiet and give nothing by mouth. D. For insect sting, scrape stinger if still present (do not squeeze). Apply cold compress to affected site. E. Notify parent. F. Note time of injection(s). If trained, check vital signs (keep record for paramedics). G. Document on Medication Record and Injury/Accident Investigation Report. H. May repeat with 2<sup>nd</sup> dose in minutes, if ordered by physician (if paramedics have not yet arrived). Plan reviewed by Parent/Guardian Parent Signature Date